

Roll and Run

Equipment: **1 set of dice per team**
Action list with 11 activities listed
Equipment for activity sheets
Cones

Game: Teams are lined up behind the starting line in squads. A cone is placed in front of each team on the opposite side of the starting line. Place the equipment for each game by the cone. On the starting signal, the first player from each group rolls the dice, adds the two numbers, and calls out the answer. That person picks up the activity sheet, finds the number that corresponds with the dice total and reads the activity he must do. He then runs to the cone completes the activity and returns to home, where the next player rolls the dice and follows the activity sheet directions.

This is a continuous activity. Repeat as many times as needed.